

Staff

Lynette Bassman, Ph.D.

Originally from the east coast, I moved to Fresno in 1997. I have my Ph.D. in Counseling Psychology from New York University. I have worked in community clinics, college counseling centers, a hospital, and in private practice. I have also worked in university settings training people to be psychologists and counselors. My specialties are in health psychology, trauma, depression, anxiety, weight loss and self-care.

Maria Stevens, Ph.D.

I was born in Fresno and graduated from Fresno State and California School of Professional Psychology. I have worked in a variety of clinical settings, including hospitals, outpatient clinics, and schools. I enjoy working with clients of all ages and have specialized training and experience in the area of child and family mental health. Other areas of expertise include treatment of complex trauma, substance use and behavioral addictions, bipolar and psychotic disorders, and cognitive behavioral treatment for anxiety and depressive disorders.

Gloria Sudeta, PMHNP

A dual board-certified family nurse practitioner and a psychiatric mental health nurse practitioner. She is able to prescribe medications for you to help with your mood, depression, and anxiety symptoms as well as medications for other issues such as Schizophrenia, ADHD, Alcohol addiction, drug addiction and OCD. She has experience working in the emergency room, addiction detox centers, family practice, and outpatient psychiatry.

Youth Regional Treatment Centers (YRTC)

The California Area, Indian Health Services has two Youth Regional Treatment Centers geared toward youth 12-17 years of age:

- Desert Sage Youth Wellness Center in Hemet, California
- Sacred Oaks Healing Center in Davis, California

Both facilities offer these services at no charge to families or tribes. They will bill available insurance, but not turn away people with no insurance or based on ability to pay.

To speak to someone about YRTC admissions, please contact the CVIH Behavioral Health Services office.

Central Valley Indian Health, Inc.

Behavioral Health Services

Providing high quality, culturally competent psychological services to members of the Indian community



Welcome

Welcome to Behavioral Health Services at Central Valley Indian Health. We know that life can sometimes be difficult and that everyone needs help at some point in their lives. Our staff is here to provide compassionate care for people who are experiencing a wide range of struggles in their life. We see patients for concerns related to anxiety, depression, stress, overweight, relationship problems, grief, life adjustments, alcohol or substance abuse, and more.

Behavioral Health Services at CVIH is devoted to providing the highest level of culturally sensitive psychological services to members of the Native American community. We strive to foster a safe, trusting environment where you feel valued and cared for. Our goal is to connect people to their community, to each other, and to themselves in a way that promotes physical, mental, emotional, and spiritual well-being.

Appointments

Appointments can be made by calling the Behavioral Health Services office at 299-2435. No referral is needed.

Services

We offer:

- Individual counseling for children, adolescents, and adults
- Couples therapy
- Family therapy
- Alcohol and substance abuse counseling
- Mental health evaluations
- Tele-psychiatry

How does Purchased/Referred Care work if you have Insurance?

Purchased/Referred Care (Contract Care):

- If you have insurance, your insurance will be billed for the services.
- CVIH will pay your co-payment and the services insurance does not cover, through our program called Purchased/Referred Care (PRC) —as long as it is an approved PRC service.

For more information about our PRC or your eligibility, call 559-299-3262

Hours of Operation

Behavioral health services are available Monday through Friday from 8:00 a.m.-5:00 p.m.. We are closed daily from 12:00 to 1:00.

Central Valley Indian Health, Inc.
Behavioral Health Services
255 W. Bullard, Suite 101
Clovis, CA 93612
Ph. (559) 299-2435
Fax: (855) 299-2464

Crisis

If you, or someone you know, is in need of services for a crisis, please call the Fresno County Suicide Hotline at 1-888-506-5991. You can also go directly to Exodus Recovery Center (Fresno Crisis Stabilization Center) 24 hours per day, 7 days per week. Exodus is located at:

4411 E. Kings Canyon Road,
Fresno, CA 93720
(559) 453-1008